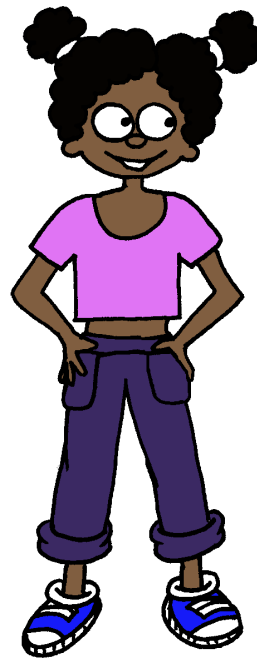




Quiz

Test your road awareness with our quick quiz. Or try it out with parents and older children. Answers on the next page.

- Most children can't judge how fast vehicles are going or how far away they are, under the age of:
 - 5
 - 9
 - 13
- What percentage of cycling deaths involve a head injury?
 - A third
 - Half
 - Two thirds
- Cycle helmets can reduce the risk of serious head injury by:
 - 10%
 - 50%
 - 85%
- At 10 miles per hour over the 30 mph speed limit, how much further does it take a car to stop?
 - 1 car length
 - 2 car lengths
 - 3 car lengths
- If hit by a car travelling at 40mph, how many pedestrians are killed?
 - 1 in 10
 - 3 in 10
 - 6 in 10
- The poorest children are 21 more times most likely to be die as pedestrians than other children. When it comes to cycling this figure rises to:
 - 22 times more likely
 - 27 times more likely
 - 100 times more likely



Answers:

Q1 Answer: B. Children have difficulty judging speed and distance until they are at least 9 years old. Some children may not develop this ability until they are older than this. (Source: www.think.dft.gov.uk)

Q2 Answer: C. Over two thirds of cycling **deaths** involve a head **injury** – and a half of all cycling injuries involve a head injury (Source: Bicycle Helmet Initiative Trust)

Q3 Answer: C. Cycle helmets can reduce the risk of serious head injury by 85%. (Source: New England Journal of Medicine, Thompson, Rivara and Thompson)

Q4 Answer: C. If travelling 10 miles over the 30 mph speed limit it takes a car 3 car lengths (13m/45ft) further distance to stop than a car travelling at the speed limit (Source: Highway Code)

Q5 Answer: B. If hit by a car travelling at 40mph, 3 in ten pedestrians are killed. (Source: Department for Transport)

Q6 Answer: B. Children from the poorest families are 27 times more likely to die as cyclists. (Source: British Medical Journal, Edwards et al)